

Overview

Lawrence General Hospital's Regional Center for Rehabilitation Services provides multidisciplinary, comprehensive concussion rehabilitation by skilled physical therapists, occupational therapists, and speech-language pathologists.

Concussion signs and symptoms

- Headache
- Neck pain
- Dizziness
- Blurred vision
- Light sensitivity
- Decreased balance/coordination
- "Brain fog"
- Eye strain/difficulty reading
- Delayed thought processing
- Decreased attention

Concussion Rehabilitation is designed to be completed within an 8-12 week time frame, with strong emphasis on daily home exercise program (HEP) participation.

Physical Therapy	Occupational Therapy	Speech-Language Pathology
<ul style="list-style-type: none"> • Head and neck pain • Benign Paroxysmal Positional Vertigo (BPPV), if present • Balance and coordination impairments • Exercise intolerance • Preparation for return to sports/work 	<ul style="list-style-type: none"> • Convergence insufficiency • Poor fixations and/or pursuits with reading or tracking of moving objects • Blurred vision/double vision • Unstable or decreased peripheral vision • Decreased visual perceptual/figure ground skills • Decreased tolerance for visually demanding activities (computer work, video games, etc.) 	<ul style="list-style-type: none"> • Decreased attention (sustained, divided and alternating) • Poor memory (short term and working) • Decreased executive skills (organization, planning, problem solving, time management)

For more information or to schedule an appointment, please contact us at:

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